



DO YOU HAVE DIABETES? WANT TO KNOW MORE?

Join our free diabetes sessions

BALLYMENA LIVE WELL HUB

Wednesday 5 th March 2025	10-11am
Wednesday 2 nd April 2025	10-11am
Wednesday 7 th May 2025	10-11am
Wednesday 4 th June 2025	10-11am
Wednesday 2 nd July 2025	10-11am
Wednesday 3 rd September 2025	10-11am

Venue: Ballykeel Business Centre
18 Crebilly Road, Ballymena, BT42 4DN

For further information contact: communityteamni@diabetes.org.uk

Diabetes and Wellbeing Support For All

We currently have a Live Well Hub in Ballymena business centre, this is a one stop shop which provides information and support to improve the health and wellbeing of those living with diabetes. A different topic is covered at each session, and in the coming months we will hear from a diabetes specialist nurse, a podiatrist, a local community pharmacist, a dietitian and ophthalmology.

Please note: topics could change depending on speaker availability.

