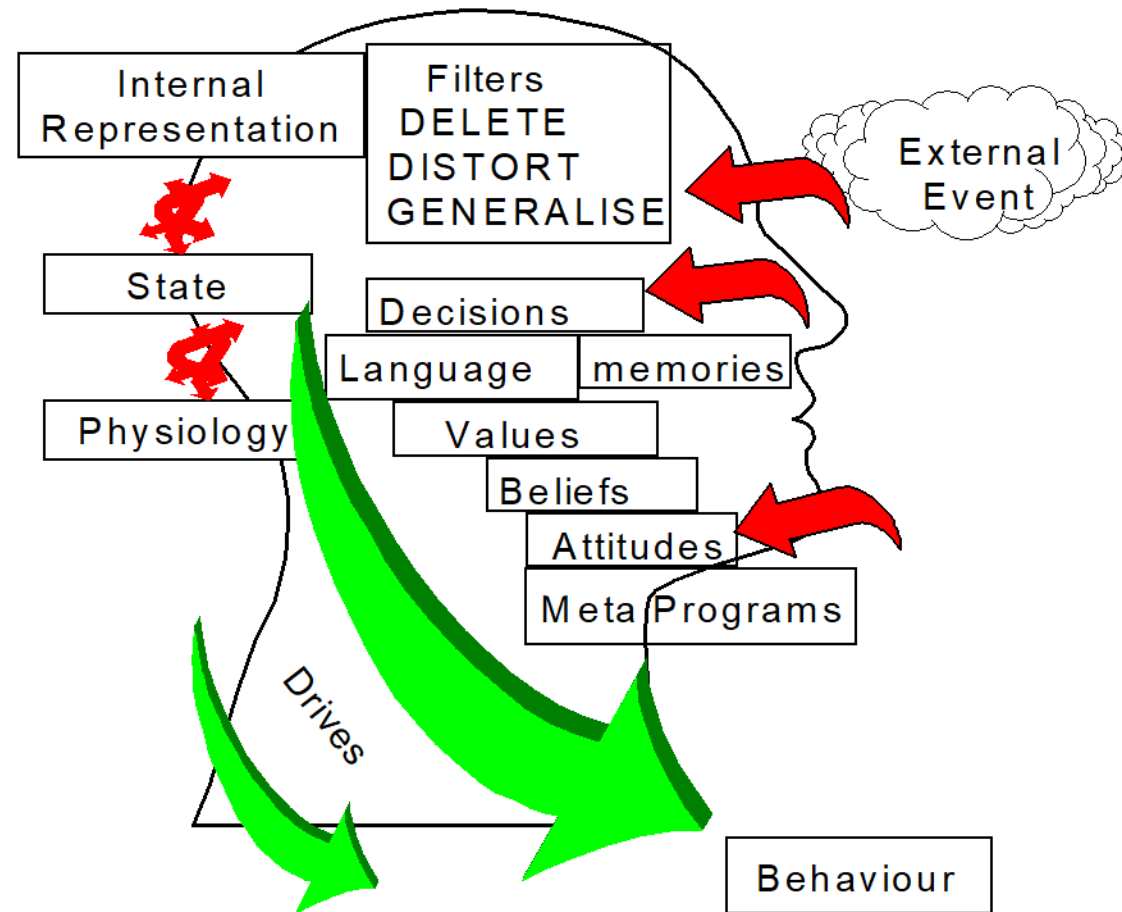


BUILDING RELATIONSHIPS

Understanding and leading by your values

Laura Willcocks

COMMUNICATION MODEL



DILT'S LOGICAL LEVELS OF CHANGE



IKIGAI

A Japanese concept meaning 'a reason for being'



SOURCE: dreamstime

TORONTO STAR GRAPHIC

VALUES AND BELIEFS

- What we hold as important
 - Our most highly valued criteria
 - Our values motivate us...
 - They motivate us before we take action and they motivate us after we have acted to check that what we did fitted with our values... the way we judge things
 - Our values drive all of our behaviour
- What we know to be true
 - Accepted as true in our own heads
 - Can support or limit us
 - The prop to our values

VALUES AND BELIEFS

- Origins of values
- We collect beliefs as we go through life, to support and reinforce our values
- Attitude and behaviours are the visible expression



VALUES ELICITATION - LEADERSHIP

Part one

- What is important to you about
- What else?
- What else?

Part two - Ordinal ranking

- If you could only have one of these values which one would it be?
- If you could have that one and one more?

MORE THAN JUST OUR WORK SELVES...

Wheel of Life Template

