



DO YOU HAVE DIABETES? WANT TO KNOW MORE?

Join our free diabetes sessions

BALLYMENA LIVE WELL HUB

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|--------------------------------|----------------|
| Wednesday 3rd April | 10-11am |
| Wednesday 1st May | 10-11am |
| Wednesday 7th August | 10-11am |
| Wednesday 4th September | 10-11am |

Venue: Ballykeel Business Centre
18 Crebilly Road, Ballymena, BT42 4DN

For further information contact: nivolunteering@diabetes.org.uk

Diabetes and Wellbeing Support For All

We currently have a Live Well Hub in Ballymena business centre, this is a onestop-shop which provides information and support to improve the health and wellbeing of those living with diabetes. A different topic is covered at each session, and in the coming months we will hear from a diabetes specialist nurse, a podiatrist, a local community pharmacist, a dietitian and a local GP.

Please note: topics could change depending on speaker availability.

