

National Pregnancy in Diabetes Audit 2021 and 2022, England and Wales*

* This audit does not include pregnancies in women with gestational diabetes (diabetes that develops in pregnancy)

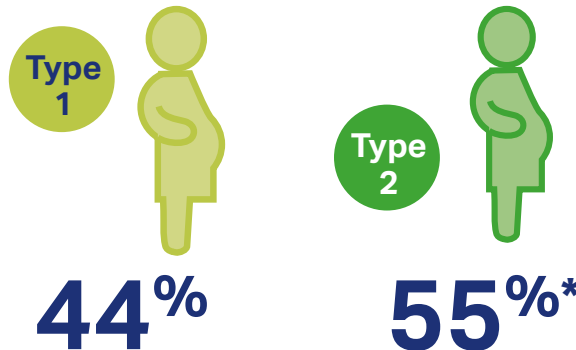
Diabetes is a serious condition where your blood glucose level is too high. When you've got type 1 diabetes, you can't make any insulin at all. If you've got type 2 diabetes you have some insulin but either you can't produce enough or it doesn't work effectively.

In 2021 and 2022 there were **10,055 pregnancies recorded for women with type 1 diabetes and type 2 diabetes.**

Most women with diabetes have a healthy baby, but having diabetes means that you and your baby are more at risk of serious health complications during pregnancy and childbirth. Planning for pregnancy when you have diabetes, and getting support from your healthcare team means you can really reduce the risks involved. Getting the right care at the right time and understanding how you can look after yourself means you're more likely to enjoy a healthy pregnancy and give birth to a healthy baby.

Findings

Pregnant women with diabetes in 2021 and 2022



* 1% of pregnant women with diabetes had other rarer forms of diabetes such as MODY (Maturity Onset Diabetes of the Young) and LADA (Latent Autoimmune Diabetes in Adults) or unspecified diabetes

95% of women with type 1 diabetes wore **continuous glucose monitors** in 2022*



improving:

glucose levels
for mothers

outcomes for
women and babies

* Accurate data on CGM use has only been available since 2022

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Findings continued

Pregnant women with **type 2 diabetes** are more likely than those with type 1 to be:



From ethnic minorities



Living in deprived areas

and to experience **health inequalities** before and during pregnancy. This finding is unchanged since 2014.

Rates of **serious outcomes** for women with **type 2 diabetes** and their babies increased in 2022*



5.5%
2014-2020

4.9%
2021

6.6%
2022

* Serious outcomes include miscarriage, stillbirth or neonatal death, or birth defect. It's important to remember that these outcomes are rare and there are many things you can do to reduce the risk

Find out more

1. [National Pregnancy in Diabetes Audit, 2021 and 2022 - NDRS \(digital.nhs.uk\)](#)



SCAN ME

2. [Pregnancy and diabetes](#)
3. [Audit results for your local services](#)
[National Diabetes Audit dashboards - NHS Digital](#)