

YOU'RE AT GREATER RISK OF ULCERS AND OTHER FOOT PROBLEMS IF YOU HAVE DIABETES.

DiABETES UK
KNOW DIABETES. FIGHT DIABETES.

It is important that you attend your yearly check-ups and take time to **regularly** check your own feet. If you have concerns, contact your GP/surgery as soon as possible.

DIABETES AND LOOKING AFTER YOUR FEET



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HELP PREVENT FOOT PROBLEMS LOOK AFTER YOUR FEET

You can find out more on our
website: www.diabetes.org.uk

Or contact Diabetes UK
on **01823 448260** to
request a printed leaflet.



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