

DIABETES 10 POINT TRAINING



CDEP is delighted to partner with *NHS North West London ICB* to make the [Diabetes 10 Point Training](#) available on CDEP.

This training supports health & social care staff to access basic diabetes training relevant to their roles.

Focus Topic:

The graphic features the Diabetes 10 Point Training logo on the left, the NHS logo in the top right, and the title 'Adult Social Care Workers' in large blue text. Below the title, it specifies '(Care home and home care workers)'. On the right, there are two stylized human figures: a green one and a purple one with a white cross on its chest, representing a caregiver and a patient.

This topic covers 10 points:

1. The Person
2. Know the Difference Between the Types of Diabetes
3. Glucose Monitoring
4. Hypoglycaemia (low glucose levels)
5. Hyperglycaemia (high glucose levels)
6. Insulin and Medication Safely
7. Feet
8. Eating with Diabetes
9. Referring to the GP, Diabetes Care Provider, Mental Health or Podiatry Team
10. Ensure Access to Diabetes Care, Information and Review



The online training is delivered through a series of short videos with links for further reading and quizzes that will reinforce the learning. It will take \pm 1 hour to finish but doesn't have to be done in 1 go... Dip in and out as time allows. Completing a topic generates a *certificate, reflection form* and *CDEP rewards!*

Sign into www.cdep.org.uk and start **Diabetes 10 Point Training** today!