

DIABETES 10 POINT TRAINING



CDEP is delighted to partner with *NHS North West London ICB* to make the **Diabetes 10 Point Training** available on CDEP.

This training supports health & social care staff to access basic diabetes training relevant to their roles.

There are 4 different online topics to choose from:

Adult Inpatient Teams

Adult Social Care Workers

(Care home and home care workers)

Community nursing teams

Inpatient and Community Mental Health Workers

Each topic covers 10 points:

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| <ol style="list-style-type: none"> 1. The Person 2. Know the Difference Between the Types of Diabetes 3. Blood Glucose Monitoring 4. Hypoglycaemia (low glucose levels) 5. Hyperglycaemia (high glucose levels) | <ol style="list-style-type: none"> 6. Insulin and Medication Safety 7. Feet 8. Eating with Diabetes 9. Referring to the GP, Diabetes Care Provider, Mental Health or Podiatry Team 10. Ensure Access to Diabetes Care, Information and Review |
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The online training is delivered through a series of short videos with links for further reading and quizzes that will reinforce the learning. It will take \pm 1 hour to finish but doesn't have to be done in 1 go... Dip in and out as time allows. Completing a topic generates a certificate, reflection form and CDEP rewards!

Sign into www.cdep.org.uk and start **Diabetes 10 Point Training** today!