

# Menopause and diabetes self-management highlight notice (2019)

The impact of hormonal changes during menopause (to include the period(s) leading up to/ surrounding and affected by it) on diabetes self-management has been identified by the diabetes Clinical Studies Groups as an area of strategic importance. The absence of established, evidence-based clinical advice for women highlights the need for research in this area.

To support the development of future research in this area, Diabetes UK welcomes applications for qualitative or mixed methods research which seeks to clarify the issues experienced by women with Type 1 and Type 2 diabetes during menopause.

Applications should seek to evaluate the views and experiences (including needs) of women and their clinicians. They should further seek to evaluate the impact of menopause on women with diabetes (including on quality of life).

Diabetes UK welcomes applications that seek to increase understanding of:

1. The experiences, challenges and enablers in achieving glycaemic control during the menopausal period.
2. The additional information needs for women with diabetes during the menopause and how best to provide these.
3. The impact of menopause on quality of life and wellbeing in women with diabetes.

Proposals for up to two years' funding will be considered. No funding limit has been set for individual projects but applicants are advised to contact the Diabetes UK research team if their proposal exceeds £150,000.