

Section 1

This section should be filled in by the child's parents, carers or specialist diabetes nurse.

Personal details

Name of child Class

Type of insulin

Insulin to carbohydrate ratio/s

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Correction dose/s

Parent name

Parent contact numbers

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Key contact at school

Further notes

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For more copies of this log book or more information, go to diabetes.org.uk/school-resources

Section 2



This section should be filled in during the school day by the appropriate staff member.

If you have to inject insulin or take blood glucose readings for a child with Type 1 diabetes at your school, use this log book to record the results. The child can then take it home so their parents or carer know what's happened during the school day.


Name of staff member..... Date

Lunchtime insulin

Time Blood test

Type of food and amount 	Insulin dose 
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Other blood tests

Time	Result	Insulin dose 
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