

I'm feeling in control of my own life after going on a diabetes education course.

Charlotte, living with Type 1 diabetes

Taking control of your diabetes is easier when you have been on a diabetes education course. Ask your healthcare team today for more information about diabetes education and support.

Find out more: 0345 123 2399* www.diabetes.org.uk/taking-control #TakingControl

DIABETES UK care. connect. campaign

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